

Total Expenditure (£)	£7,800	
Community Fund Request (£)	£7,020	
10% Match-funding	£780	
Any Other Contribution?		
Other Funding Sources	Amount (£)	At what stage?
Community Fund Outcomes	<input checked="" type="checkbox"/> Communities have more access to better quality local services or activities <input type="checkbox"/> Communities have more access to a better quality environment <input type="checkbox"/> Communities have more pride in their community <input type="checkbox"/> Communities have more access to better quality advice and information <input type="checkbox"/> More local groups or services are better supported to recover from financial difficulty	

ASSESSMENT	
<p>What need/demand has been evidenced for this project/activity?</p>	<p>Energise Galashiels has pro-actively approached 3 local care homes in Galashiels. All were enthusiastic to be involved in the project as they had seen the scheme successfully operating in other towns in the Borders. It is anticipated that there will be a high demand after discussions with care homes. Comments from the professionals consulted with included ideas for routes and confirmation that residents would benefit from the fresh air and company.</p> <p>6 people have committed to volunteering on this project while another 7 have expressed an interest. CWA will provide training for the initial group of volunteers to pilot the trishaws. Thereafter training will be delivered to new volunteers by those individuals that attended the initial training.</p> <p>A pre-determined cycle route has been scoped out in Galashiels and this will be on a route that is cycle accessible and will take in various nature points. There is also the opportunity to follow shorter routes in and around Galashiels along the town trail.</p> <p>Feedback from Hawick and Peebles describes the positive effect the project has had on those involved in the project, from the pilots to the passengers.</p>

<p>What benefits will be gained from the project/activity and how well does the project/activity meet the outcomes of the scheme?</p>	<p>The trishaw would be used in Galashiels town centre as well as on a pre-determined route along Boleside and the River Tweed. There is the potential to add additional routes if requested by passengers providing it is safe to do so.</p> <p>The plan is to run two trips per day with 2 passengers on each trip. During summer the intention is to run 7 days per week. There would be no intention to commence a trip if the weather is inclement. During the autumn and early spring it will be possible to have one trip per day</p> <p>The project is primarily aimed at older people, who are unable to get out on their own, some of whom are living with dementia. The project will allow those who are otherwise confined to their home an opportunity to maintain a connection to their town by accessing different parts of the town. CWA has demonstrated that trishaw projects have a positive effect on emotional well-being and improved mental health. The volunteer pilots will range from school age up to those in retirement helping to increase intergenerational links and creating a shared interest in the community.</p> <p>The Trishaw can be physically accessed from various aids including walking frames and hoists. Pilots will be trained so that they are able to support all abilities to use the Trishaw. Aids to help passengers get on and off the Trishaw are not supplied but training in using them will be provided.</p>
<p>What support and involvement of the wider community is there for this project/activity?</p>	<p>Local care homes are supportive of the project and volunteers have been recruited to pilot the trishaws.</p> <p>The Trust has visited other projects both locally in Peebles and Hawick and Scotland wide where Trishaw projects are in place and have noted the positive outcomes and feedback from participants.</p> <p>There are a number of options for free storage available including use of one of the care homes or a vacant shop on the high street.</p> <p>The Trust has also identified the possibility of using the Trishaw for tourists who are visiting the town and taking them to the Tapestry and following the town trail. Opportunities will be explored once the Trishaw project is set up and established. The Trust has said they would consider the purchase of an additional trishaw if there was enough demand.</p>
<p>What efforts have been made by the applicant to secure other sources of funding for the project/activity?</p>	<p>Energise Galashiels Trust will fundraise to cover ongoing costs which are expected to be around £300 and will include maintenance of the trishaw as well as the annual membership to CWA.</p>

What happens at the end of the project/activity or when the funding is spent?	CWA plan to work with Heriot Watt University to evaluate the various trishaw projects across Scotland. They will consider the mental and physical health and wellbeing benefits of the project and the impact on active travel behaviour, satisfaction with cycling infrastructure and effects on mood, anxiety, social engagement and loneliness and isolation. This evaluation will inform how local groups, including Energise Galashiels Trust can develop their project.
Quotes received for items of expenditure	Yes
Have appropriate permissions been sought/granted?	N/a

SBC OFFICER RECOMMENDATION

The application meets the criteria of the community fund.

Additional Terms and Conditions:

If successful,

1. A risk assessment must be completed by Energise Galashiels Trust for all planned cycle routes with regular review of the impact of using the trishaw on these routes.
2. No charge can be made by Energise Galashiels Trust for use of the trishaw
3. Energise Galashiels Trust will be requested to evaluate the impact of their project either on conclusion of their project or a year after receipt of their grant funding, whichever comes first. We recommend Energise Galashiels Trust consider using the following measures to help them evaluate impact:
 - How many volunteers are trained as pilots
 - How many people have used the trishaws
 - How many Trishaw journeys have been made
 - Feedback from project users and volunteers
 - Whether there has been any increase or expansion to the routes on offer
 - Use of the SBC logo in promotional materials